

Get to know us!

Mental Health Advocates

Community of Hearts Mission

Community Of Hearts is dedicated to creating Mental Health Advocates through educational events that promote mental health resources for positive behavioral health outcomes for all.





Why We Serve

Community of Hearts is a 501c3 non-profit, that offers educational training, events, wellness services, and media publications, to educate and encourage community participation for positive social, and emotional wellness outcomes. We help communities navigate to resources to reduce stigma so people can become comfortable getting the help they need, ONE HEART at a time.

How We Serve

MENTAL HEALTH ADVOCATE TRAINING COURSE: Available for free on our website in English & Spanish. We currently have in-person trainings for law enforcement, businesses, churches, and organizations.

COMMUNITY OF HEARTS MENTAL HEALTH RESOURCE GUIDE: Our publication is currently in 30 locations across Kent County every 3 months.

MOBILE MENTAL HEALTH CLINIC: We partner with a local spa and medical professionals to provide services and information to reduce stress, anxiety, and depression in our community.

HAPPY SENIOR TOURS: Last year our mobile unit serviced more than 1,500 seniors across 15 facilities sharing resources to reduce isolation and depression.

STRESS LESS STUDENT PROGRAM: Our impact is showing! We are helping students in 22 classrooms in grades K-3 understand anxiety, stress, and how to be an advocate for their mental health.

STRESS-LESS VETS RETREATS: We are excited to help support positive mental health for Veterans during a series of weekend retreats starting May 2024.





Community of Hearts

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